

FAMILY HISTORY (Check all that apply)

- | | | | |
|----------------------------------------------------|---------------------------------------------------|--------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Canavan Disease | <input type="checkbox"/> Congenital Heart Defect | <input type="checkbox"/> Mental Disease |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Cancer | <input type="checkbox"/> Cystic Fibrosis | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Clotting Disorder | <input type="checkbox"/> Chromosomal abnormality | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Neural Tube Defect |
| <input type="checkbox"/> Phenylketonuria (PKU) | <input type="checkbox"/> Psychiatric Disorder | <input type="checkbox"/> Sickle Cell Disease | <input type="checkbox"/> Seizure Disorders |
| <input type="checkbox"/> Thalassemia | <input type="checkbox"/> Problems with anesthesia | <input type="checkbox"/> Huntington's Disease | <input type="checkbox"/> Tay-Sachs Disease |
| <input type="checkbox"/> Other (Please list) _____ | | | |

THIS PREGNANCYDate of your last period: _____ How sure are you? ☐ Unsure ☐ Somewhat sure ☐ Sure ☐ Absolutely

How many days is your cycle? (Please circle) <=25 26 27 28 29 >=30.

How many days is your period? _____

Was this a planned pregnancy? ☐ Yes ☐ No; If no, were you on birth control? ☐ Yes (type) _____ ☐ No

Do you feel you are having problems with this pregnancy (please explain)? _____

List all the medications you have taken since becoming pregnant. _____

Are you taking a daily Prenatal Vitamin (PNV)? ☐ Yes ☐ No (We recommend a PNV with 600 mcg of Folic Acid)**PREGNANCY HISTORY** (If this is your first pregnancy, congratulations, you may skip this section.)

| Pregnancy Number | Weeks of Gestation* | Date of Delivery** | Sex and Weight | Provider Name | Location | Hours of Labor | Type of Delivery | Complications |
|------------------|---------------------|--------------------|----------------|---------------|----------|----------------|------------------|---------------|
| 1 | | | | | | | | |
| 2 | | | | | | | | |
| 3 | | | | | | | | |
| 4 | | | | | | | | |
| 5 | | | | | | | | |
| 6 | | | | | | | | |
| 7 | | | | | | | | |
| 8 | | | | | | | | |
| 9 | | | | | | | | |
| 10 | | | | | | | | |

*Weeks of gestation is from 6 to 44 weeks (40 weeks is Full Term) **List approximate date if miscarriage.

SOCIAL HISTORY

Personal History

Marital Status ☐ Single ☐ Significant other ☐ Married ☐ Divorced ☐ Widowed

Name of Significant Other/Spouse (if applicable): _____

Children: ☐ Yes ☐ No Number of Sons _____ Number of Daughters _____

Name(s) and Age(s) of Child(ren): _____

Living Situation: ☐ Live Alone ☐ With Significant Other/Spouse ☐ With Children/Family Members ☐ Other

Occupation: _____

Hobbies/Interests: _____

Tobacco

Have you ever smoked? ☐ Yes ☐ No If yes, what do (did) you smoke? _____

Are you still smoking? ☐ Yes ☐ No

If no: How many years ago did you quit? _____ For how many years did you smoke? _____ How many packs/day did you smoke? _____

If yes: How many years have you smoked? _____ How many packs/day do you smoke? _____

Have you ever tried to quit? ☐ Yes ☐ No

Alcohol

Do you drink alcohol including beer, wine, or other alcohol? ☐ Yes ☐ No

If yes, please specify frequency:

☐ Daily ☐ Almost Daily (4-6 times per week) ☐ 1-3 times per week ☐ Less than once per week

Illicit Drugs

Do you use any drugs or prescription medications not prescribed to you? ☐ Yes ☐ No

(including marijuana, cocaine, amphetamines, pain or anxiety medications, etc.)

If yes, please specify type of drug and frequency of use: _____

Diet/Activity

Are you on any special diet? ☐ Yes ☐ No

If yes, how would you describe your diet? (South Beach, Atkins, low calorie, renal, diabetic, low sodium, low fat, high protein, etc.) _____

Do you currently participate in any regular activity to improve or maintain your physical fitness (either on your own or in a formal class)? ☐ Yes ☐ No If yes, please describe: _____

Health Planning

Do you have Advanced Directives in place? ☐ Yes ☐ No

☐ Living Will ☐ Durable Power of Attorney ☐ Health Care Proxy ☐ Advanced Directives

HEALTH MAINTENANCE

Please provide the dates and results of the following immunizations, examinations, and tests to the best of your ability. If you have not had one of these services indicate N/A (not applicable).

| | | | |
|--------------------------|----------------------------------------------------------|------------------------------------------------|--------------------------------------------------------------------|
| Last Tetanus Booster | <input type="checkbox"/> Within the past 10 yrs. | <input type="checkbox"/> More than 10 yrs. Ago | <input type="checkbox"/> Unknown |
| Flu vaccine this season? | <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| Last PAP Smear | Date: _____ | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal <input type="checkbox"/> Unknown |
| Last Mammogram | Date: _____ | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal <input type="checkbox"/> Unknown |

CONCERNS

Please list any concerns regarding the health of this child in the space provided.

Patient Name (printed): _____

Signature _____ Date: _____

We would like to thank you for taking the time to complete this form. Doing so provides us with the information necessary to make the most out of each and every healthcare visit.